

Old Town Middle School Track 2022-2023 Season

Parents,

We are thrilled to have your student participating in Old Town Middle School's track and field program. Below you will find some information about the upcoming season, please feel free to email Coach Holloway at cholloway@madison-schools.com if you have any questions. Also, return the back form completed to Coach Holloway but January 23rd.

*******Please join the remind to be aware of any changes about practice or meets.**

Text @otmsrun to 81010

Practice:

Tuesday and Thursday's 3:30-5 PM

** on days we are at the high school, Student's will ride bus 50 over to the high school.

Tuesday practices students will need to be picked up at the high school

Thursday practices students will need to be picked up at the middle school.

STUDENTS MUST HAVE A RIDE TO PICK THEM UP BY 5 O'CLOCK PROMPTLY- IF NOT THIS COULD RESULT IN DISMISSAL FROM THE TEAM.

ATTIRE:

Proper attire must be worn to practice. Biker shorts and crop tops will not be allowed. Tennis shoes are required, and spike cleats can only be worn on days at the high school.

MEETS:

Students will travel with the school to meets and can leave with a guardian after their events if signed out. Students are not allowed to ride home with other students.

All eligible athletes will attend all meets (this does not include the State Meet as this is a qualifying meet)

Factors that may affect this decision include:

1. Attendance and performance in practice
2. Academic performance
3. Behavior in practices, meets, and classroom
4. Achievement of qualifying times and distances.

Fee:

There is a 100\$ fee to be on the track team. This fee covers the athlete's uniform, t-shirt, sweats, and snacks for the meets.

You can pay this on <https://www.myschoolbucks.com/> or with cash. **NO CHECKS CAN BE TAKEN.**

Shoes will not be provided in the fee.

Coaches:

Coach Holloway

Coach Crisp

Coach Davis

Coach Hatchett

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Text @otmsrun to 81010

Pre-season Track Check List:

- Dragonfly is 100% complete
- Paid fee
- Filled out contact form
- Returned size and contact form to Coach Holloway



DRAGONFLY MAX

Parent Instructions

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1. Go to www.dragonflymax.com
2. [If you have an account already please go to step 21](#)
3. Click on Login/Sign Up
4. Click on Sign Up for Free
5. Enter your First Name, Last Name, Email or Cell #, and a password
6. Check I'm not a Robot
7. Submit
8. A popup asks if you entered your name, click on it's me
9. A verification code will be sent to the email address or cell # you entered.
10. Enter the code in the Temporary Verification ID box and click on submit
11. Scroll down through the Terms of Use and click on accept
12. Click on To get Started. Get hooked up to a school.
13. Choose Parent
14. Click on Next
15. Enter your school Code (56195A) for **Ridgeland High School** and Click on Go
 - * a. If your Child attends **Old Town Middle School** use school code (1R174V)
16. Click on Join a School
17. Click on Add a Child
18. Enter the First Name and Last Name of your child and click on Next
19. Enter the school Code again
20. Select your child's sport and click on next
21. Choose Submit paperwork
22. Click on Needs Update in the box showing the school name where the Contact Info is located
23. When adding relatives limit to 3 relatives including parent/guardian
24. Enter N/A if there is no cell phone or email for the relative
25. Complete Insurance, General Info, Heart Health, Bone & Joint, and Medical Questions.
26. When Finished Click on Done
27. If you need to go back to complete the Medical Info, click on Needs Update in your child's medical info box.
28. Click on get Started
29. You must complete the following forms: Electronic Signature Agreement, Consent to Disclosure and Use of Personal Health Information, Participation and Treatment Consent, MHSAA Student Participation Clearance Form, MHSAA Concussion Information Form, Athletic Health History, Physicals need to be uploaded or if on file it will be uploaded by the school.
30. When you select the form choose Fill out Electronically, Verify all information for accuracy and enter any needed information. Submit. Be sure to date documents when requested in the signature field.

* MUST BE 100% COMPLETE PRIOR TO FIRST PRACTICE 😊

Emergency Contact Form:

Athletes Name:

Grade: _____

Emergency Contact:

Name: _____

Cellphone: _____

Relation to athlete: _____

Emergency Contact 2:

Name: _____

Cellphone: _____

Relation to athlete: _____

Athlete Uniform Size:

** Adult sizes only

T-Shirt: _____

Hoodie: _____

Pants: _____

2023 Little Six Track & Field Outdoor Schedule

February 28, 2023

Madison Hosts

Clinton
Ridgeland
Vicksburg
Warren Central

address:

1417 Highland Colony Pkwy
Madison MS 39110

Germantown Hosts

Brandon
NWR
Pearl
Terry

March 7, 2023

Clinton Hosts

Brandon
Madison
Ridgeland
Vicksburg

address:

401 Arrow Drive
Clinton MS, 39050

NWR Hosts

Germantown
Pearl
Terry
Warren Central

March 21, 2023

Warren Central Hosts

NWR
Vicksburg
Terry
Germantown

same as first meet

Madison Hosts

Brandon
Ridgeland
Pearl
Clinton

March 28, 2023

Vicksburg Hosts

Ridgeland
Madison
Warren Central
Brandon

address:

3701 Drummond St.
Vicksburg MS 39180

Clinton Hosts

Terry
Germantown
NWR
Pearl

April 3, 2023

LITTLE 6 CHAMPIONSHIP @ PEARL

April 6, 2023

MHSAA MIDDLE SCHOOL STATE MEET @ PEARL