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Mental High

Study the definitions of the words. Then do the exercises that follow.

accompany a kum´pa ně

- v. 1. To go along with; to be together. Thunder often **accompanies** lightning.
- 2. To play a musical instrument for or with. The pianist offered to **accompany** the singer.

beneficial ben a fish al

adj. Being of use; helpful; favorable.

A balanced diet is **beneficial** to one's health.

captive

n. One that is held prisoner.

kap' tiv The captives were closely guarded.

adj. Unable to escape or get away.

The hospital patients provided a captive audience for the mediocre comic.

captivity *n*. (kap tiv' i tē) The state of being held against one's will; loss of freedom.

The giant panda rarely breeds in captivity.

convenient kən vën' yənt

adj. Suitable for one's needs; making life easier or more comfortable. The bus stop is **convenient** because it's close to my house.

convenience *n*. Anything that makes life easier or more comfortable. The new tenants appreciated the central air-conditioning and other **conveniences** of the apartment.

ecstasy ek′ stə sē

n. A strong feeling of emotion, especially joy.

Fans screamed in **ecstasy** when their idol appeared on stage.

ecstatic adj. (ek stat' ik) Full of or causing ecstasy.

The winners were **ecstatic** when the judges read the names.

expanse ek spans '

n. A wide, open area or surface; a stretch.

Wheat grows on the broad **expanse** of the Kansas prairie.

expedition ek spa dish 'an

n. 1. A long journey by a group to explore or do battle.

The expedition into the Brazilian rain forest lasted nearly a year.

2. A group that makes such a journey.

The **expedition** was attempting to find the origin of the Nile.

inept in ept'

adj. 1. Clumsily or awkwardly expressed; not suitable for the occasion.

That inept remark you made at the funeral upset those who overheard it.

2. Lacking in skill or ability.

An **inept** handler damaged the contents of the crate.

interpret

v. 1. To translate into another language.

in tur' prət

A native Parisian was hired to **interpret** the French minister's remarks for the audience.

2. To explain the meaning of.

Joseph offered to **interpret** the dream.

3. To understand in one's own way.

I **interpreted** your absence from the meeting as disapproval of what we were trying to do.

invaluable

adj. Too valuable to measure; priceless.

in val´yoo ə bəl

The students' help in organizing the boycott was invaluable.

linger

v. To be slow in leaving or going away.

liŋ´gər

The guests **lingered** in the hall, reluctant to go out into the cold.

retrieve

v. 1. To get back; to recover.

rë trev'

Owners can retrieve their lost articles from the lost and found.

2. To find and bring back.

The puppy **retrieves** sticks the children throw in the pond.

skirmish

n. A minor fight or battle.

skur' mish

Apart from a few **skirmishes**, both sides kept the cease-fire that had been agreed to.

v. To take part in such a fight.

The two sides began to **skirmish** before the major battle.

supplement

sup´lə mənt

n. Something added to make up for something missing.

Those who eat a well-balanced diet do not need vitamin supplements.

v. To add to.

I **supplement** my allowance with earnings from a paper route.

territory

n. 1. A particular area of land.

ter' ə tôr ē A dog will defend its territory.

2. A land area under control of a particular group or government.

The island of Guam is a **territory** of the United States.

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