

Life-Threatening Allergy Action Plan

School Year _____

School:	Grade:	Teacher:
Student's Name:	Date of Birth:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Parent/Guardian Name(s):	Work Phone(s):	Cell Phone(s):
Local Physician / Healthcare Provider	Phone:	

THIS SECTION IS TO BE COMPLETED BY PHYSICIAN

ALLERGY TO:

Asthmatic Yes* No * Higher risk for severe reaction

STEP 1: TREATMENT

THIS SECTION IS TO BE COMPLETED BY PHYSICIAN

SYMPTOMS:

- If a food allergen has been ingested, but no symptoms
- Mouth Itching, tingling, or swelling of lips, tongue, mouth
- Skin Hives, itchy rash, swelling of the face or extremities
- Gut Nausea, abdominal cramps, vomiting, diarrhea
- Throat† Tightening of throat, hoarseness, hacking cough
- Lung† Shortness of breath, repetitive coughing, wheezing
- Heart† Thready pulse, low blood pressure, fainting, pale, blueness
- Other† _____
- If reaction is progressing (several of the above areas affected), give

GIVE CHECKED MEDICATION

- | | |
|--------------------------------------|--|
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> Epinephrine | <input type="checkbox"/> Antihistamine |

The severity of symptoms can quickly change. †Potentially life-threatening.

MEDICATION DOSAGE & ROUTE

Antihistamine:

Dose: _____

Epinephrine:

Inject epinephrine in thigh using (check one):

- | | |
|--|---|
| <input type="checkbox"/> Adrenaclick (0.15 mg) | <input type="checkbox"/> Adrenaclick (0.3 mg) |
| <input type="checkbox"/> EpiPen Jr (0.15 mg) | <input type="checkbox"/> EpiPen (0.3 mg) |

Epinephrine Injection, USP Auto-injector- authorized generic

- | | |
|--|---|
| <input type="checkbox"/> (0.15 mg) | <input type="checkbox"/> (0.3 mg) |
| <input type="checkbox"/> Other (0.15 mg) | <input type="checkbox"/> Other (0.3 mg) |

Other: _____

(PRINTED NAME OF PHYSICIAN)

(SIGNATURE OF PHYSICIAN / DATE)

THIS SECTION IS TO BE COMPLETED BY PHYSICIAN

STEP 2: EMERGENCY CALLS

**911 CALL REQUIRED UPON EPI PEN DELIVERY.
NOTIFY Parent/Guardian of all allergic reactions and treatment.**

1 Call 911 . State that an allergic reaction has been treated, and additional epinephrine may be needed.

2 Emergency Contact Person:	Contact Phone(s):
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The parent/guardian releases the school district and its employees and agents from liability for an injury arising from the student's self-administration or staff assistance in administration of prescription asthma and/or anaphylaxis medication while on school property or at a school related event or activity unless in cases of wanton or willful misconduct.

Parent/Guardian Signature _____

DATE _____



School Year _____

AUTHORIZATION FOR STUDENT TO CARRY AND SELF-ADMINISTER PRESCRIPTION ASTHMA AND/OR ANAPHYLAXIS MEDICATION

Action Plans are required by law for students diagnosed with Asthma and/or Anaphylaxis Conditions

Student's Name:		Date of Birth:
School:	Grade:	Teacher:

Diagnosis: _____

Medication / Purpose: _____

Prescribed Dose: _____

TIME: (The times at which or circumstances under which medication may be administered): _____

HEALTH CARE PROVIDER STATEMENT

The student has asthma and/or anaphylaxis and is capable of self-administering the prescription asthma and or anaphylaxis medication. I recommend the student be allowed to carry prescription medication as prescribed.

☛ **Provider's Signature/DATE**

☛ **Printed Provider Name**

Telephone: _____

Fax: _____

******* PARENT/GUARDIAN SECTION*******

PARENT/GUARDIAN AUTHORIZATION

I authorize my child/student to carry and self-administer prescription asthma and/or anaphylaxis medication while on school property or at a school-related event or activity unless in cases of wanton or willful misconduct.

The parent/guardian releases the school district and its employees and agents from liability for an injury arising from the student's self-administration or staff assistance in administration of prescription asthma and/or anaphylaxis medication while on school property or at a school related event or activity unless in cases of wanton or willful misconduct.

☛ **Parent/Guardian Signature/DATE**

☛ **Printed Name**

Emergency contact phone number: _____