

Asthma Action Plan

School Year _____

School:	Grade:	Teacher:
Student's Name:	Date of Birth:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Parent/Guardian Name(s):	Work Phone(s):	Cell Phone(s):
Local Healthcare Provider Name(s):	Phone:	

THIS SECTION IS TO BE COMPLETED BY PHYSICIAN

Life-Threatening Allergy Yes* No * Allergy to: _____

GO Use these daily controller medicines:

You have all of these: <ul style="list-style-type: none"> Breathing is good No cough or wheeze Can work & play 	MEDICINE	HOW MUCH	HOW OFTEN/WHEN
Medication recommended prior to physical activity:			

CAUTION Continue with green zone medicine and add:

You have all of these: <ul style="list-style-type: none"> First signs of a cold Exposure to known trigger Cough Mild wheeze Tight chest 	MEDICINE	HOW MUCH	HOW OFTEN/WHEN

DANGER Take these medicines and call your doctor now:

Your asthma is getting worse fast: <ul style="list-style-type: none"> Medicine is not helping Breathing is hard & fast Nose opens wide Trouble speaking 	MEDICINE	HOW MUCH	HOW OFTEN/WHEN

(PRINTED NAME OF PHYSICIAN)

(SIGNATURE OF PHYSICIAN / DATE)

The parent/guardian releases the school district and its employees and agents from liability for an injury arising from the student's self-administration or staff assistance in administration of prescription asthma and/or anaphylaxis medication while on school property or at a school related event or activity unless in cases of wanton or willful misconduct.

Parent/Guardian Signature

Date:



School Year _____

AUTHORIZATION FOR STUDENT TO CARRY AND SELF-ADMINISTER PRESCRIPTION ASTHMA AND/OR ANAPHYLAXIS MEDICATION

Action Plans are required by law for students diagnosed with Asthma and/or Anaphylaxis Conditions

Student's Name:		Date of Birth:
School:	Grade:	Teacher:

Diagnosis: _____

Medication / Purpose: _____

Prescribed Dose: _____

TIME: (The times at which or circumstances under which medication may be administered): _____

HEALTH CARE PROVIDER STATEMENT

The student has asthma and/or anaphylaxis and is capable of self-administering the prescription asthma and or anaphylaxis medication. I recommend the student be allowed to carry prescription medication as prescribed.

☛ **Provider's Signature/DATE**

☛ **Printed Provider Name**

Telephone: _____

Fax: _____

******* PARENT/GUARDIAN SECTION*******

PARENT/GUARDIAN AUTHORIZATION

I authorize my child/student to carry and self-administer prescription asthma and/or anaphylaxis medication while on school property or at a school-related event or activity unless in cases of wanton or willful misconduct.

The parent/guardian releases the school district and its employees and agents from liability for an injury arising from the student's self-administration or staff assistance in administration of prescription asthma and/or anaphylaxis medication while on school property or at a school related event or activity unless in cases of wanton or willful misconduct.

☛ **Parent/Guardian Signature/DATE**

☛ **Printed Name**

Emergency contact phone number: _____